

Supplementary Table 1. Differences on the psychological variables between groups *

Variables	CALM (n=13)	UC (n=12)	p
T1			
PHQ-9	8.38 ± 4.38	13 ± 6.67	0.05
GAD7	4.77 ± 3.27	13.1 ± 5.43	0.01
DADDS	14.31 ± 13.51	26.33 ± 7.15	0.02
PTG-I Total	65.69 ± 13.86	51.92 ± 22.24	0.01
ECR-Anxiety	24.38 ± 8.47	23.63 ± 11.41	ns
ECR-Avoidance	17.76 ± 4.39	17.54 ± 5.26	ns
FACIT-Total	28.3 ± 8.2	28.6 ± 8.2	ns
QUAL-EC Relations	19.69 ± 3.77	19.81 ± 4.46	ns
QUAL-EC Preparation to death	10.42 ± 3.81	11.94 ± 3.87	ns
QUAL-EC Completion of life	48.1 ± 9.02	48.45 ± 7.01	ns
T2			
PHQ-9	7.30 ± 4.1	14.30 ± 5.49	0.01
GAD7	5.1 ± 3.72	14.56 ± 5.17	0.01
DADDS	19.80 ± 14.68	31.33 ± 9.32	0.01
PTG-I Total	71.8 ± 13.14	52.1 ± 23.1	0.01
ECR-Anxiety	25.2 ± 8.67	27.5 ± 12.72	ns
ECR-Avoidance	15.8 ± 4.18	17 ± 7.5	ns
FACIT-Total	33.88 ± 8.5	24 ± 10.3	ns
QUAL-EC Relations	18.9 ± 4.28	20 ± 3.96	ns
QUAL-EC Preparation to death	10.65 ± 3.46	10.38 ± 4.21	ns
QUAL-EC Completion of life	51.22 ± 10.21	52.66 ± 13.39	ns

* Test U Mann-Whitney