**Supplementary Table 7**. Age- and gender-based distribution of individuals with obesity in Türkiye (2021)

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Age groups (years)** | **Population** | | | **Population with obesity** | | | **Patients diagnosed with obesity** | | |
| **Male** | **Female** | **Total** | **Male** | **Female** | **Total** | **Male** | **Female** | **Total** |
| **19-24** | 4,087,113 (13.6) | 3,899,561 (12.7) | 7,986,674 (13.2) | 226,779 (4.1) | 255,921 (3.1) | 482,700 (3.5) | 92,800 (18.7) | 171,493 (10.0) | 264,293 (11.9) |
| **25-34** | 6,509,587 (21.6) | 6,309,099 (20.6) | 12,818,686 (21.1) | 781,268 (14.2) | 763,276 (9.2) | 1,544,544 (11.2) | 77,805 (15.7) | 344,174 (20.1) | 421,979 (19.1) |
| **35-44** | 6,522,134 (21.6) | 6,411,236 (21.0) | 12,933,370 (21.3) | 1,322,479 (24.0) | 1,659,387 (20.1) | 2,981,866 (21.7) | 96,739 (19.5) | 378,946 (22.1) | 475,685 (21.5) |
| **45-54** | 5,242,492 (17.4) | 5,174,253 (16.9) | 10,416,745 (17.2) | 1,398,188 (25.4) | 1,984,771 (24.1) | 3,382,959 (24.6) | 90,634 (18.3) | 365,643 (21.3) | 456,277 (20.6) |
| **55-64** | 4,113,558 (13.7) | 4,205,538 (13.7) | 8,319,096 (13.7) | 1,068,941 (19.4) | 1,909,589 (23.1) | 2,978,530 (21.6) | 79,312 (16.0) | 282,520 (16.5) | 361,832 (16.4) |
| **65-74** | 2,491,563 (8.3) | 2,839,909 (9.3) | 5,331,472 (8.8) | 550,280 (10.0) | 1,131,373 (13.7) | 1,681,653 (12.2) | 42,381  (8.5) | 127,648 (7.4) | 170,029 (7.7) |
| **75+** | 1,163,146 (3.9) | 1,750,506 (5.7) | 2,913,652 (4.8) | 167,515 (3.0) | 547,348 (6.6) | 714,863 (5.2) | 16,804  (3.4) | 44,966  (2.6) | 61,770  (2.8) |
| **Total** | 30,129,593  (100.0) | 30,590,102 (100.0) | 60,719,696 (100.0) | 5,515,450 (100.0) | 8,251,665 (100.0) | 13,767,116 (100.0) | 496,475 (100.0) | 1,715,390 (100.0) | 2,211,865 (100.0) |