

MMC - Urinary and Fecal Continence Evaluation.
(Apply questionnaire in parentes of patients aged 5 years or more).

Questionnaire

1- IDENTIFICATION

1. Name

2- UTI

2.1. Has your child ever presented UTI?

- No.
- Yes, without fever.
- Yes, with fever.

2.2. If the anterior answer was YES, how many UTI episodes?

2.3. If the first answer was YES, was hospitalization required?

- Yes.
- No.

3- BLADDER CATHETERIZATION

3.1. Does patient perform clean intermittent catheterization (CIC)?

- Yes.
- No.

3.2. If the anterior answer was YES, how many times a day?

3.3. Already had urologic surgery?

- No.
- Yes.

3.4. If the anterior answer was YES, which surgery?

4- URINARY CONTINENCE

4.1. Does patient have urine leakage?

- No.
- Yes. Small amount, dropping or wetting clothes.
- Yes. Moderate or big amount, wetting diapers or clothes.

4.2. If the anterior answer was YES, does patient need a diaper?

- No.
- Yes.

4.3. If the anterior answer was YES, how many diapers a day?


4.4. If patient has urinary leakage even with CIC, in which situation do urinary loss occur?

- a. Any time between CIC.
- b. Next the subsequent CIC.

5- FAECAL CONTINENCE

5.1. What is the patient's bowel frequency (how many times a day)?

5.2. How would you classify patient's stool, most of the time, according to the table?
Bristol Scale.

TIPO 1 Caroços duros separados, como nozes. 	1 – Pedacos separados, duros como amendoim
TIPO 2 Na forma de salsicha mas com caroços. 	2 – Forma de salsicha, mas segmentada
TIPO 3 Na forma de salsicha ou cobra mas com rachas na superfície. 	3 - Forma de salsicha, mas com fendas na superfície
TIPO 4 Como uma salsicha ou cobra, regular e macio. 	4 – Forma de salsicha ou cobra, lisa e mole
TIPO 5 Caroços macios com cantos bem demarcados. 	5 – Pedacos moles, mas com contorno nítidos
TIPO 6 Caroços macios com cantos rasgados. 	6 – Pedacos aerados, contornos esgarçados
TIPO 7 Totalmente líquido. 	7 – Aquosa, sem peças sólidas

5.3. Does the patient have diarrhea? How often?

- No.
- Yes, once a month.
- Yes, once a week.
- Yes, more than a time per week.

5.4. Has patient ever had enema due to constipation? If so, how often?

- No, never needed a enema.
- Yes, sporadic.
- Yes, once a month.
- Yes, weekly.

5.5. Does patient have fecal loss?

- No.
- Yes.

5.6. Does patient use any drug to aid evacuate?

- No.
- Yes, oral laxative.
- Yes, PEG 4000.
- Yes, enema.
- Yes, with peristeen (transanal colonic irrigation) or similar.

5.7. If the anterior answer was YES, what is the medication?

5.8. If the answer in question 5.5 was YES, how many times a day does it take to change diapers or clothes?

6- SELF ESTIMATION AND INDEPENDENCE*

6.1. Did you feel embarrassed about how you look?

- Never.

- Almost never.
- Sometimes.
- Almost always.
- Always.

6.2. Did dealing with health problems upset you?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not have health problems.

6.3. Did it bother you to catheterize to get urine out?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not catheterize.

6.4. Did it bother you if people in your family needed to help you?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not need help.

6.5. Did it bother you if your friends or people outside your family needed to help you?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not need help.

7 - BLADDER AND BOWEL*

7.1. Did your urine problems make you feel sad or worried?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not have urine problems.

7.2. Did your urine problems stop you from doing fun things?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not have urine problems.

7.3. Did leaking stool/ poop bother you?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not leak.

7.4. Did your bowel/ poop problems stop you doing fun things?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not have bowel/ poop problems.

7.5. Did it bother you to wait for stool/ poop to come out?

- Never.
- Almost never.
- Sometimes.
- Almost always.
- Always.
- I did not have to wait.

*The questions were taken from the QUALAS-C (Quality of Life Assessment in Spina bifida for Children).

Szymanski K.M., Misseri R., Whittam B, Yang D.Y., Raposo S, King S.J., Kaefer M., Rink R.C., Cain M.P: Quality of Life Assessment in Spina Bifida for Children (QUALAS-C): Development and Validation of a Novel Health-related Quality of Life Instrument. Urology, 2016, 87: 178-84.