**Supplementary Figure 1:** Publication bias and sensitivity analysis

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| **Publication bias** | |
| a. Polypharmacy | b. Hyperpolypharmacy |
| Chart, scatter chart  Description automatically generated | Chart, line chart  Description automatically generated |
| **Sensitivity analysis** | |
| c. Polypharmacy | d. Hyperpolypharmacy |
| Chart  Description automatically generated | Chart  Description automatically generated |