Supplementary Table 1: Medication scores modified from Sussman et al. [11]

|  |  |
| --- | --- |
| Drug /Frequency | Scores |
| Antihistamines (fexofenadine 180mg\*, rupatadine 10 mg\*\* or cetirizine 10 mg\*\*\*) / once a day  | 2 points |
| Antihistamines / twice a day | 4 points |
| Antihistamines / 3 times a day | 6 points |
| Antihistamines / 4 times a day | 8 points |
| Montelukast\*\*\*\* | 2 points |
| Anti-IgE treatment\*\*\*\*\* | 10 points |
| Cyclosporine\*\*\*\*\*\* | 8 points |

Information about the drugs \*Fexadyne® Ali Raif in Basaksehir, Istanbul; Fexofen® Sanovel in Istinye, Istanbul; Allegra® Sanofi in Luleburgaz, Kırklareli

\*\* Rupafin® J. Uriach y Compania and Abdi Ibrahim in Maslak, Sarıyer, Istanbul; Ripatrin® Deva in Kucukcekmece, Istanbul, rupatek® Bilim in Gebze, Kocaeli; Anthix® Santa Farma in Edirnekapı, Istanbul

\*\*\* Allerset® Santa Farma in Dilovası, Kocaeli; Cetyrn® Tripharma in Maslak, Sarıyer, Istanbul; Hitrizin® Deva in Kapaklı, Tekirdag; Zyrtec® UCB Pharma in Topkapı, Istanbul

\*\*\*\* Notta® Sanovel in Silivri, Istanbul; Alecast® ILKO in Selcuklu, Konya; Zespira® Bilim in Gebze, Kocaeli; Onceair® Abdi Ibrahim in Esenyurt, Istanbul; N-FESS® Recordati in Kapaklı, Tekirdağ, Luxat® Deva in Cerkezköy, Tekirdag; Singulair® Merck Sharp Dohme in Haarlem Holland; Aırfix® Neutec in Adapazarı, Sakarya; Sinmont® Pharmactive in kapaklı, Tekirdag

\*\*\*\*\* Xolair® Novartis Pharma in Stein, Switzerland

\*\*\*\*\*\* Sandimmun-Neoral® Novartis Pharma in Eberbach, Germany