Supplementary Document 1: ERAS protocol throughout the study period.

# **Preoperative period**

* Surgery and anesthesia type and risks explained during preoperative evaluation at the clinic.
* Written detailed postoperative recovery plan.
* Optimization of comorbidities and medication.
* Smoking and alcohol advice.
* Thromboembolic compression stockings.
* Intermittent use of perioperative pneumatic compression devices.
* Allow liquid foods and liquids until 6 hours before surgery.
* Oral bowel preparation over three days prior to surgery.

# **Intraoperative period**

* Optimization of fluid balance by target-directed fluid therapy.
* Avoidance of overhydration.
* Active warming with a warming blanket.
* Warm intravenous fluid with a liquid warming tube.
* Mini-open cystectomy incision.
* Epidural analgesia.

# **Postoperative period**

* Removal of the nasogastric tube at POD1 in the morning.
* Multimodal postoperative analgesia according to the WHO.
* Antiemetics as needed.
* Neostigmin, Laxans gtt, chewing gum to stimulate gut motility.
* Clear diet allowed on POD 1.
* Early mobilization beginning on POD 1.
* Early removal of pelvic drainage as possible.
* Long-term DVT prophylaxis (30 days post-surgery).