

Online Appendix for the following article: Use of on-line conductivity monitoring to study sodium mass balance in chronic hemodialysis patients: prospects for treatment individualisation

Derivation of ionic mass balance (IMB) is derived by the Diascan[®] module using the following formula:

$$D = Qd \times (1 - [dC_{out2} - dC_{out1}] / [dC_{in2} - dC_{in1}])$$

Where D is ionic dialysance in ml/min. Qd is inlet dialysate flow (ml/min). dC is dialysate conductivity (mS/cm) at both the inlet, dC_{in} and outlet dC_{out} measured at two time points 1 and 2 before and during the transient increase.

Plasma water conductivity is derived from the calculated dialysance.

$$pC = dC_{in} - Qd / D (dC_{in} - dC_{out})$$

Where pC = plasma conductivity in millisiemens/centimetre (mS/cm). Effective plasma sodium conductivity derived by Diascan[®] has previously been shown to be significantly correlated to direct sodium conductivity measurement by conductivity meter ($r=0.96$; $p<0.05$) [21]¹⁹.

Ionic mass balance (IMB) is finally derived using the formula:

$$IMB = (Qd_{in} \times dC_{in} - Qd_{out} \times dC_{out}) \times 10 \times t$$

Where t = time (minutes) and Qd_{in} and Qd_{out} = dialysate inlet and outlet flow in ml/min respectively. IMB is predominately determined by sodium mass balance [37]. This has been shown to be significantly correlated to direct measurement of sodium in dialysate waste by ion-selective electrode ($r=0.94$; $p<0.05$) [21]. Positive values for IMB indicate net sodium removal from the patient. Plasma conductivity is measured by the Diascan[®] module to an accuracy of ± 0.05 mS/cm (Hospal supplied technical data).

The convective contribution was calculated using the mean of the initial and final plasma conductivity values derived by the monitor using a relationship derived from previous kinetic modelling using the same Diascan module [38]

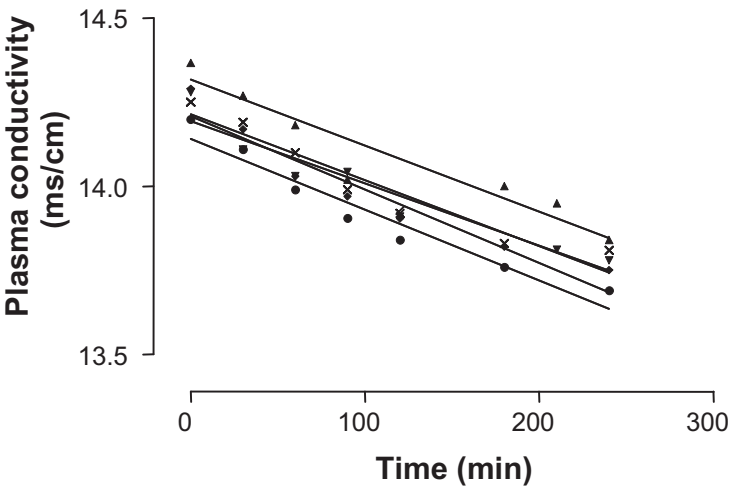
$$[Na^+] = (pC \times 10.4) - 9.57$$

where $[Na^+]$ is an estimate of plasma sodium. This Na^+ value was multiplied by the ultrafiltration volume to derive an estimate of convective loss, and diffusive loss was estimated by subtracting this value from the total IMB as follows:

$$\text{IMB}_{\text{diff}} = \text{IMB} - [((pC_1 + pC_2 / 2) \times (10.4 - 9.57)) \times \text{UF volume}]$$

where pC_1 and pC_2 denote the values for plasma conductivity at the start and end of each treatment session. This equation assumes a linear reduction in plasma conductivity. To check the validity of this assumption we randomly selected 5 of the 24 patients and additionally recorded the values at 30 minute intervals in 6 treatment sessions. Validation of our estimate for IMB_{diff} derivation for 5 randomly selected patients was shown with an approximately linear fall ($r^2=0.89$) seen in figure 5.

Figure 5.



Online supplementary figure 5. Fall in plasma conductivity over a dialysis treatment session in 5 randomly selected patients ($r^2 = 0.84\text{--}0.93$). $p < 0.0001$.